



# AS GENTLE AS THE DRIFTING AUTUMN LEAVES



INSTEAD OF THIS...

I CREATE / DO / BE THAT...

*Instead of multitasking and running errands with a podcast in my ears...*

*...I'll try focus on what's around me and let my thoughts wander.*

Handwriting practice lines for the 'Instead of this' column.

Handwriting practice lines for the 'I create/do/be that' column.



*"It's not about trying harder.*



*Softness opens doors that force cannot move." James McCrae*

